

# XLH

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Association of patients with hypophosphatemic rickets

X-Linked Hypophosphatemia (XLH) is a rare genetic disorder that affects about one in 20,000 people. The key characteristic of XLH is a low level of phosphate in the blood, called Hypophosphatemia. When a person is affected by XLH, their kidneys do not properly handle Vitamin D and phosphate. This causes a variety of symptoms and disorders that usually affect their bones and teeth.

*Source: Learn About XLH (xlhnetwork.org)*

Our association is called XLH Belgium, and aims to contribute to the well-being of people with XLH and their relatives. It pursues the following actions:

*Gathering information and explanations about XLH, the treatments and therapies recommended, and all the available means of help.*

*Communicating and sharing this information and explanations with people with the disease*

*Form a national and international support network*

*Representing patients and their families to medical, political, social security and other authorities.*

### **Partners and other associations:**

**RadiOrg** Umbrella organisation for patient organisations concerning rare disease - [www.radiorg.be](http://www.radiorg.be)

**Orphanet** The portal for rare diseases and orphan drugs - [www.orpha.net](http://www.orpha.net)

**International XLH Alliance** Alliance of international patient groups for people affected by X-linked hypophosphatemia and related disorders.- [xlhalliance.org](http://xlhalliance.org)



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